

~ All Points Bulletin ~

1. I give most respect to any person who is always striving to improve themselves in some fashion. Whether it is creatively or through formal education. However, I have got to give some MAD love to all BLACK men out there who are about doing something for themselves and not using the reason of "someone or the "establishment" are holding them down". **You hold yourself down when you keep pushing that lame excuse.** I am not saying that Black men don't have obstacles, because everyone has obstacles, some more than others, however there comes a time where one just has to put their best effort forward and accomplish all their heart's desires.

2. To the ladies...always respect yourself and you will receive mad respect from others. I think it's important for women to hold one another in the highest esteem for their noted and unnoted accomplishments. For all that women are, there is truly no amount of currency in any land foreign or domestic that can pay the true price of what women accomplish on a daily basis. (However, I'd take \$2 mil just because!)

3. Drama Artist, on and off the Internet...guess what...YOUR issues and your drama come from within. So get off the stage and stop acting. You aren't being recognized by the academy. (No Oscar, Tony or Emmy)

4. To gain some control over your future, you can plan, or you can leave the future to chance and fate. You can chart a course, or you can drift with the tide. Each new day is a day that is one step closer to make a significant accomplishment in your life. Don't sit on your deathbed later in life and wished you did more with it.

5. PMS is a nasty thing, fellas don't mess with it. (NO EXPLANATION)

6. Sharing your life with the one right person for a short moment in time is 1000 times better than sharing your life with the wrong person for a lifetime.

7. Stop holding anger it takes more energy than being happy....

8. Faith is the assurance of things hoped for, the conviction of things not seen. When in doubt always have FAITH.

9. Relationships are mirrors of ourselves. What we attract always mirrors qualities we have about relationships. Set standards. Develop those qualities in yourself and you will attract a person who has them.

10. Love comes when we least expect it, when we are not looking for it. Hunting for love never brings the right partner. It only creates longing and unhappiness. Love is never outside ourselves; love is within us.